



# **PARENT'S EXEMPTION FORM**

## **Prior to Mental Health and Psychological Screening or Counseling**

To: Superintendent of Schools of \_\_\_\_\_  
Principal, \_\_\_\_\_ (name of school)

From: The Parents of \_\_\_\_\_

This letter serves to provide notice that without my/our written consent, my/our child *may not* be subject to any form of mental health, psychological, social services or counseling screening or tests.

I/we formally exempt my/our child from all mental or social service programs and screening, whether directly by the school or through an affiliated resource. Concerns by school staff relating to my/our child's purported mental health, are to be brought to me/us for my/our attention and assessment. School staffs should not be required to obtain a diagnosis or to provide mental health treatment, analysis, referral or labeling of any nature. Assessment and testing are to center on academics and physical fitness only. The informed consent requirement encompasses, but is not necessarily limited to, the following activities:

1. School-based counseling related to mental health.
2. Behavioral, mental health, depression/suicide or psychological/behavioral screenings of any nature and/or diagnostic instruments or programs (i.e., TeenScreen, KidsMatter, Head Start, emotional factors such as anger or peer relationships, sexual activity or orientation).
3. Anger management, "self-esteem," "conflict resolution" courses; group or family counseling.

This is not a complaint against the school. Rather, it is an exercise of parental rights made necessary by events globally in which children have been harmed and their rights, safety and health injured by mental health assessments and diagnosis that are based upon subjective tests having no basis in science.

I thank you in advance for your cooperation in this matter. For our mutual protection and to assure there is no misunderstanding, a copy of this letter is on file with my attorney, and/or with applicable civil rights and human rights organizations. This notice applies until and unless revoked in writing by me/us, and it is to follow my/our child through progressive levels of school in this jurisdiction, district or county.

Dated

Parent(s) or Guardian of

cc: Township, county, district or municipality Board of Education

Principal of the \_\_\_\_\_ Preschool/Elementary/Middle/High School/College